

excellence through honesty

NEWSLETTER



Woodanilling  
PRIMARY

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25<sup>th</sup> February 2021

## From the Principal

Dear Parents and Caregivers,

Nearing the end of week four already. The students have all settled in well and are all actively engaged in their learning. It is exciting when they eagerly want you to come and have a look at what they are doing.

Thank you to all that were here on Monday for the Parent meet and greet, assembly and P&C sausage sizzle. Thank you to Debra Johnston our P&C President, for organising and cooking up the sausages. It was amazing to finally have met all the parents in such a relaxed manner. You were all very kind to Miss Nelson and I during our presentations and hopefully it gave you a bit of an insight into us as people as well as teachers.

There are a few things coming up over the next few weeks. Myself, Miss Nelson and Miss Hannan will be taking part in an online Heggertys Professional Learning on Wednesday 3rd February. This learning will better enable us to identify and address the phonological needs of the students. There will be a relief teacher in the classroom, Mrs Chapman and Chappie in the classroom catering for the students learning.

As you are aware our SDD are aligned with other schools in the area that are impacted by our bus route if altered. For this reason, we have had to move our SDD forward from the 19<sup>th</sup> to the 15<sup>th</sup> of March.

A quick reminder to parents of students utilising the bus service, if your child is not going to be travelling on the bus, please notify the school and bus company. This is a courtesy call and avoids confusion for all involved.

## MARCH MUNCH

Commencing on Tuesday 2<sup>nd</sup> March, our school will be taking part in March Munch, where students challenge themselves to crunch on vegetables for Crunch & Sip for the whole month.

Crunch & Sip is a set break during the school day for students to eat vegetables or fruit and drink water in the classroom. As only 6% of primary school kid's in Australia eat enough vegetables; the March Munch initiative is fun way to encourage kids to choose vegies for Crunch & Sip to help boost this figure!

Please send vegetables for your child to eat for Crunch & Sip during March. Snow peas, a whole celery stick, cut up cucumber or capsicum, cauliflower florets, cherry tomatoes or carrot sticks are all great choices.

For more information, head to:

<https://www.crunchandsip.com.au/event/4/march-munch-2021>

Elizabeth Wyber  
**Principal**

## Important Dates

**Labour Day Public Holiday**  
1<sup>st</sup> March

**Clean Up Australia Day**  
5<sup>th</sup> March

**School Council Meeting**  
10<sup>th</sup> March @ 4pm

**School Development Day**  
15<sup>th</sup> March

**March Munch Morning Tea**  
31<sup>st</sup> March

## School News

### LUNCH ORDER DAYS

We order lunches through the Woodanilling General Store on Tuesdays and Thursdays. If you wish to order lunch for your child, please send in an envelope with the order written on the front and the correct money enclosed. At present there is a limited number of items available to order. The following can be purchased at this time:

#### Food

- Snack Pie - \$1.00 each
- Pie - \$4.00 each
- Pizza - \$2.00 each
- Sausage Roll - \$3.00 each
- Sauce - \$0.40 each

#### Drinks \$2.00 each

- Tropical Juice Box
- Blackcurrant Juice Box
- Apple Juice Box
- Orange Juice Box
- Chocolate Milk Drink
- Straberry Milk Drink

### VOLUNTARY CONTRIBUTIONS

As you would be aware, government schools do not have school fees. What we have instead is a system called Voluntary School Contributions.

At Woodanilling PS, this is set to \$45.00 a year for each student.

We use these funds to supplement a range of resources and consumables for students such as: cooking and science ingredients, art and craft materials and teaching aids to support learning across the curriculum.

To pay your contribution, you can either pay online via direct debit to:

**Account Name:** Woodanilling Primary School  
**BSB:** 066 040  
**Account Number:** 1990 0217

If paying via direct debit, please include the child's family name in the description. If you would like to pay via cash or cheque, please come to the front office where Kara will be able to assist you.

Thank you for your support.

## SCHOOL BANKING



School Banking is back for 2021! Our School Banking Day will be **Friday**.

For each weekly deposit made at school, students will receive a Dollarmites token. Once they collect 10 tokens, they can redeem them for a School Banking reward. If your child has previously participated in School Banking, or has an existing Commonwealth Bank Youthsaver account, they can start banking straight away by bringing their Dollarmites deposit wallet to school on School Banking day.

If your child has lost their deposit wallet, please contact your School Banking Co-ordinator or visit any Commonwealth Bank branch for a replacement.

If you would like to know more about School Banking, please ask Kara in the school office or drop in to the Katanning Commonwealth Bank and speak with Hayley Webb.

## Health & Wellbeing

### Crunch&Sip®

#### Simple ways to encourage children to eat more vegetables – Part 1

- Get children involved in meal preparation – they are more likely to eat something they have helped create.
- Make a healthy snack the easy choice at home by keeping a container of cut up vegetables and dip in the fridge and limiting the purchase of treat foods in the weekly shop.
- Include children when making decisions about what the family eats – just make sure all the options are healthy choices. For example, at the supermarket ask kids to choose which vegetables will go in the stir fry.
- Make mealtimes a relaxed and sociable occasion. Sit around the table and take it in turns to begin a family discussion.
- Modelling healthy eating behaviours yourself is a better strategy than trying to pressure children to eat certain foods. If children feel pressured at mealtimes they can build up negative associations and reject the very foods you are trying to promote.
- Hide grated vegetables in foods like pasta sauce, patties, casserole, shepherd's pie, quiche, soup and omelettes.



## HEAD LICE

Head lice are tiny insect parasites that live on your head and feed on your scalp. Head lice are spread by head-to-head contact with another person who has head lice. This kind of contact includes doing group work, playing, or hugging.

### Tips for preventing head lice

- Check your child's hair regularly for head lice and eggs ('nits'). Use a metal fine tooth 'nit' comb and plenty of hair conditioner applied to the dry hair, to make the task easier and more effective. To help children sit still for this, offer distracting activities, e.g. play a favourite video, provide games, iPad apps, offer a head massage.
- Tie long hair back. Braid long hair and/or put it up if possible.
- Consider applying hair gel or mousse. These do not prevent or repel lice but may help to keep stray hair strands from contact with other heads.
- Avoid sharing combs or brushes.
- Remind your child to avoid head-to-head contact with other children, e.g. when working at the computer with others, or when playing, or hugging.

If your child has head lice, please notify the teacher.

For more information:

Request the Head lice Fact Sheet available from the school

Visit: [http://healthywa.wa.gov.au/Articles/F\\_I/Head-lice](http://healthywa.wa.gov.au/Articles/F_I/Head-lice)

Sharon Muir  
**School Nurse**

## School Council

Your Woodanilling Primary School Council currently consists of 8 members who represent the Parents, Staff and P&C. All members are available should you have any concerns, questions or ideas about Woodanilling PS.

Our first meeting for the year will be held on Wednesday 10<sup>th</sup> March 2021 at 4:00pm in the School Library.

Feel free to contact me at any time on [bindimurray@gmail.com](mailto:bindimurray@gmail.com). We are here for you, your children and our community.

Bindi Murray  
**School Council Chair**

## P & C News

A nice afternoon was held on Monday 22<sup>nd</sup> February. With parents, grandparents and Pauline Edgecumbe from Woodanilling CWA joining in to celebrate the start of a new year, with a very warm welcome to the classroom while meeting our new Principal Elizabeth Wyber and Teacher Georgia Nelson, which was followed by a Welcome BBQ and our annual AGM.

I would like to express my sincere thanks to everyone who came along and a huge welcome to our numerous new members. Along with our new P&C members came offers of assistance and a wonderful idea for a fundraising event that the students will be primarily involved in. I can't wait to see how the idea of a Young Entrepreneur Event evolves.

Pauline Edgecumbe representing the Woodanilling CWA, came along with an invitation to join forces to assist one another. This was well received amongst our members and further ideas formed on how we may help one another expand in the Woodanilling Community.

Part of the AGM included the vacating of all office-bearing positions for new nominations to occur. I am pleased to report that all positions were filled.

**President:** Debra Johnston

**Vice President:** Danielle Perrie

**Secretary:** Bindi Murray

**Treasurer:** Kahlia Stephens

**Uniform Co-ordinator:** Brooke Moulden

**Committee Members:** Sonja Hannan & Kara Watts

We also now have a Catering Team consisting of Brooke, Danielle, Ron and myself who will discuss menus and food lists prior to functions and events.

Many thanks must be mentioned for Sonja Hannan, who has now retired from the Treasurer Position after many years. Although Sonja's boys have grown and left Woodanilling Primary School, she has and will always remain a valued Committee Member, her countless hours of volunteering at meetings and events has been priceless.

The next P&C meeting will be held on Thursday 29<sup>th</sup> April at 3:30pm at Woodanilling Primary School. We hope to see you all there!

Debra Johnston  
**P&C President**

## Classroom Update

Happy Week 4! We are nearly halfway through Term 1 and it has been a great start to the year! It was lovely meeting most of you on Monday for the P&C Welcome barbeque.

For Science this term, we are focusing on materials and their properties. We are looking at the objects in our school and the materials they are made of. We will also be experimenting with foods and how they can change from solids to liquids, and from hard to soft, when heat is applied.

Next week we will be participating in March Munch, a Crunch and Sip initiative. The children will be tracking what fruit and vegetables they bring in for the month of March for Crunch and Sip. Please try to send your child in with new types of fruit and vegetables to try. At the end of the month, we will have a sharing plate of fruit and vegetables and will make a dip for the children to try.

A big congratulations to our Merit Award recipients from this weeks assembly, Madeline and Jack!

Georgia Nelson  
Classroom Teacher



# *P&C Meet and Greet Barbeque*



# Managing Big Emotions

FREE parenting workshop



Our children's emotions and their resulting behaviours are a wonderful opportunity to seek to understand what is going on for them. When we understand what is going on for our children it allows us the chance to respond in a way that is most helpful for them. In this course, we will explore some important factors to help us manage our emotions and to support us in helping our children manage theirs.

**Where:** Woodanilling Primary School Library

**Date:** Thursday 4th March

**Time:** 10am-12pm

**Cost:** FREE. Please bring along a small plate of food to share for morning tea. Creche available - limited numbers, please RSVP.

**RSVP:** Essential by 26th February to Woodanilling Primary School on 9823 1528 or [Woodanilling.ps@education.wa.edu.au](mailto:Woodanilling.ps@education.wa.edu.au)

Free Parenting Programs is funded under the Families and Communities Program by the Australian Government Department of Social Services

